



# WHAT DO YOU SEE?

WHEN VISION IS A PROBLEM

A person who has low or partial vision can learn to make the best use of it. There are ophthalmologists and optometrists with special training in low vision. An examination may be appropriate. Among older persons, low vision can result from eye conditions such as cataracts, macular degeneration, glaucoma, diabetic retinopathy, or as a result of a stroke.



## HELPFUL HINTS:

- Try magnifiers or high intensity lamps for reading or close up tasks
- Position needed items so they are in the field of vision
- Use a programmable telephone with large or raised numbers
- Keep the environment the same – do not rearrange items in the room
- Contact the local sight center for product and activity information



### ◀ *WHAT YOU SEE*

#### *WHAT THEY SEE:*



#### ***BLURRED VISION***

- ◀ *As in cataracts or diabetic retinopathy*  
Sit in a well-lighted area



#### ***LOSS OF CENTER VISION***

- ◀ *As in macular degeneration*  
Sit to the side of the person during visits



#### ***LOSS OF SIDE VISION***

- ◀ *As in glaucoma or stroke*  
Sit in front of the person during visits