

ACROSS THE MILES

THINKING OF YOU



It's hard to stay in touch when you live far away. Schedule a consistent time to call the staff each week to receive an update. This will keep you informed and give you a chance to develop a relationship with the staff.

WHAT TO DO:

- Send a video in which you and your family are the stars
- Audio tape a letter
- Make phone calls at the same time each week if possible
- Send children's drawings ready to display or give an album in which to collect the drawings
- Read a short story, poem, or religious passage on the phone, video, or tape recorder
- Purchase a picture frame that lets you to record a message – It brings photos to life and allows short messages to be played over and over
- Many facilities have email – send updates electronically
- Care packages of favorite foods or small gift items help you stay connected
- Create a family newsletter to keep everyone up to date
- Transfer photos onto blank puzzles, separate the puzzle and send it in the mail as a surprise
- Send jokes or read them over the phone

